



Structured Self Development I

Hints and Tips
For
Taking SSD I



YOU ARE ACCESSING A U.S. GOVERNMENT (USG) INFORMATION SYSTEM (IS) THAT IS PROVIDED FOR USG-AUTHORIZED USE ONLY.

By using this IS (which includes any device attached to this IS), you consent to the following conditions:

- The USG routinely intercepts and monitors communications on this IS for purposes including, but not limited to, penetration testing, COMSEC monitoring, network operations and defense, personnel misconduct (PM), law enforcement (LE), and counterintelligence (CI) investigations.
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- Notwithstanding the above, using this IS does not constitute consent to PM, LE or CI investigative searching or monitoring of the content of privileged communications, or work product, related to personal representation or services by attorneys, psychotherapists, or clergy, and their assistants. Such communications and work product are private and confidential. See [User Agreement](#) for details.

[I Accept](#)

Enter the ALMS Through AKO



First Lt. Daniel Midgett of the 5th Special Forces Group, right, kicks Sgt. First Class Jeff Duncan of Fort Leonard Wood July 27 during the 2012 U.S. Army Combat Judo Tournament at Fort Hood, TX. (Photo by U.S. Army)

CAC/PIV Login [I don't have a CAC/PIV](#)

Sign in using your CAC/PIV

Insert your CAC/PIV into the card reader, then Sign in.

[Sign in](#)

Low Bandwidth

Sign in directly to Webmail

[Having trouble accessing AKO?](#)

New to AKO? Sign up

[Register using your CAC/PIV](#)

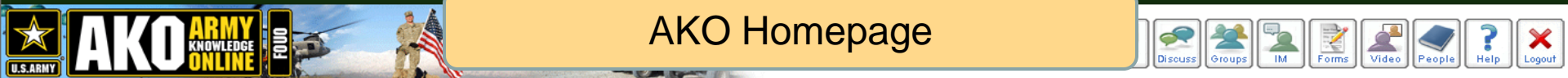
Enter using your CAC

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[Irc.army.mil](#) [IMBook](#) [Air Force Portal](#) [Mannednet](#) [Navy Enterprise Portal](#)

© 2012 Army Knowledge Online. The security accreditation level of this site is UNCLASSIFIED//FOUO and below.

[Enterprise Portal](#)
UNCLASSIFIED//FOUO and below.
level of this system.



AKO Homepage

- [Discuss](#)
- [Groups](#)
- [IM](#)
- [Forms](#)
- [Video](#)
- [People](#)
- [Help](#)
- [Logout](#)

Click on the "Self Service" Tab to open the drop down menu

Click on "My Training" link

- AKO Mail Inbox (99)**
 - New Notifications (0)**
 - New In My Files (0)**
 - New In My Blogs**
 - My Tasks**
 - Tell CPT AKO/Tell 1**
 - G1 Suicide Preven**
 - Webmail Lite**
 - AKO Speed Test**
 - AKO Training**
 - CAC Resource Cer**
 - Smart Deals**
 - Inside AKO/DKO**
- [Antivirus Services](#)
 - [Army e-Commerce](#)
 - [DA Pubs & Forms](#)
 - [My Benefits](#)
 - [My Clothing](#)
 - [My Dental](#)
 - [My Doctrine](#)
 - [My Education](#)
 - [My Family](#)
 - [My Finance](#)
 - [My Health Resources](#)
 - [My Legal](#)
 - [My Library](#)
 - [My MEB/PEB](#)
 - [My Medical](#)
 - [My Medical Readines](#)
 - [My MilPay](#)
 - [My Personnel](#)
 - [My Pet](#)
 - [My Reference](#)
 - [My Safety](#)
 - [My Security](#)
 - [My Training](#)
 - [My Transition](#)
 - [My Travel](#)
 - [My Travel Pay](#)
 - [My Vision](#)
 - [My Weather](#)

- Instructions on how to sign and encrypt/unencrypt e-mail.
- Troubleshooting guidance on CAC-related issues.
- Information about purchasing CAC readers for personal use.

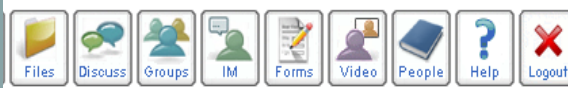
Last Login
01 Aug 2012 17:15 GMT via username/password from

Army Links
[AKO for Army Retirees](#)
[Army Publications](#)
[DTS](#)

Toolbox
[Manage My Groups](#)
[Edit My Favorites](#)
[Edit Notification Settings](#)
[Create a Site](#)
[Create a Page](#)



My Training Screen



If you have not been registered for a SSD Course, click on this link to go to ATRRS for registration



Structured Self-Development

selfDevelopment center

Register for SSD Training:

- Structured Self-Development - Level 1
- Structured Self-Development - Level 3
- Structured Self-Development - Level 4

Already Registered?

Visit the [ALMS Current Enrollments](#) page to launch your Structured Self-Development training.

ATRRS ALMS

Click on the ALMS Logo to display the ALMS Homepage

If you cannot see the ALMS Logo, scroll down to find the Gadget

ALMS

ALMS

Access the ALMS or click the logo above.

The ALMS is an integral component of the [Army Distributed Learning System \(DLS\)](#), and is the Army's automated system for individual training management. The ALMS delivers training to soldiers and DA civilians, manages training information, provides training collaboration, scheduling, and career planning capabilities in both resident and non-resident training environments.

IN ORDER TO USE THE ALMS, YOU MUST DISABLE THE POP-UP BLOCKER IN THE

Active Historic Course List

Weapon Qualification Mandatory Training Scheduled Classes Training Schedules

Height / Weight		Physical Training	
Test Date:	4/13/2007	Test Date:	N/A
Height:	68	Raw PU:	N/A
Weight:	201	Raw SU:	N/A
Pass/Fail:	Fail	Raw Run:	N/A
Body Fat %:	24	Alt Event:	N/A
B/F Pass:	Pass	Pass/Fail:	N/A
To learn more see the "Weigh to Stay" program page.		Profile End Date:	N/A
		Profile:	N/A

Central Army Registry (CAR) Search

CAR Central Army Registry

The CAR will get you where you need to "know"

Search

Register a New Document

Army Career Tracker (ACT)

ARMY CAREER TRACKER

GET ON THE RIGHT PATH!

disconnected



- My Home**
- Individual Training Plans
- Training
- My Reviews
- My Tasks and Gap Analysis
- Communities
- My Profile
- Reports

Welcome Bobby Kirts

Notice - 12 June 2012: The ALMS will be offline for system maintenance from 7:00 PM EST on 20 June, 2012 until 3:00 AM on 21 June 2012. Please plan your work accordingly.

bottom left to be sure your pop-up windows must be enabled.

user Settings" button to make s.

S 3.1 [click here.](#)

To see current news announcements (Updated May 21, 2012) [click here.](#)

Before you get started, click on the "Browser Setting" Button to ensure your browser is compatible

Training Catalog Search

Search for Training here



Current Enrollments

Training I am currently enrolled in



Detailed Training Records

Training I have completed



ACCP Search

Search for ACCP Training here



Assigned Tasks

Tasks I am responsible for



Collaborative Army Training (CAT)



Browser Setting

Check Browser Setting requirements



Course Map

Training requirements, Course progress and Certification status



Links

Help Center

ALMS Tutorial | Blackboard | ATRRS

Is Your Internet Browser ALMS Compatible?

The following browser compatibility tests represent the **minimum and required** settings that will allow you to view the majority of ALMS courseware in your internet browser.

	Recommended Requirements	Your System Results	Additional Info
1 Javascript Status	Enabled	Enabled	Click Here
2 Operating System	Microsoft XP, Vista or Win 7	Win 7	Click Here
3 Internet Browser	Explorer 7 or 8	Explorer 7	Click Here
4 Flash Player	10+	11,2,202,22	Click Here
5 Pop-Up Blocker	Not Blocked	Not Blocked	Click Here
6 Cookies Enabled	Yes	Yes	Click Here
7 Screen Resolution	1024 x 768+	1920 x 1080	Click Here
8 Color Depth	32 Bits	32 Bits	Click Here

If you have any additional questions, please contact
ATHD directly through e-mail at ask.athd@us.army.mil or call 1-800-275-2872



Welcome Bobby Kirts


Notice - 12 June 2012: The ALMS will be offline for system maintenance from 7:00 PM EST on 20 June, 2012 until 3:00 AM on 21 June 2012. Please plan your work accordingly.


Click the "Browser Setting" button on the bottom left to be sure your pop-up blocker is disabled. Browser pop-up windows must be enabled.

Internet Explorer Users: Click the "Browser Settings" button to make adjustments.

To see what is new in ALMS 3.1 [click here.](#)


To see current ALMS announcements (Updated May 21, 2012) [click here.](#)

 **Catalog Search**
Search for Training here

 **Current Enrollments**
Training I am currently enrolled in

 **Completed Training**
Training I have completed

 **ACCP Search**
Search for ACCP Training here

 **Assigned Tasks**
Tasks I am responsible for

 **Communities**
Communities I am a member of

 **Browser Setting**
Check Browser Setting requirements

 **Course Map**
Training requirements, Course progress and Certification status

 **Links**
Help Center
ALMS Tutorial | Blackboard | ATRRS

1st Time User?
Check out the
Tutorials

ALMS Tutorials

Video Learning Series

ARMY



LEARNING MANAGEMENT SYSTEM 3.0

Click a Video Below to Begin...



An Introduction to the
ALMS



How to Register for a
Learning Offering



How to Register for a
Certification






Welcome Bobby Kirts


Notice - 12 June 2012: The ALMS will be offline for system maintenance from

You will have already been registered for SSD. Click on the "Current Enrollments" Button to view your enrollments.


To see current ALMS announcements (May 21, 2012) [click here.](#)

 **Catalog Search**
Search for Training here

 **Current Enrollments**
Training I am currently enrolled in

 **Detailed Training Records**
Training I have completed


 **ACCP Search**
Search for ACCP Training here

 **Assigned Tasks**
Tasks I am responsible for

 **Collaborative Army Training (CAT)**

 **Browser Setting**
Check Browser Setting requirements

 **Course Map**
Training requirements, Course progress and Certification status

 **Links**
Help Center
ALMS Tutorial | Blackboard | ATRRS

ALMS My Enrollments Screen

SSD appears on the Enrollments Page in collapsed form with plus signs used to expand the course to view modules and lessons



THE ARMY LEARNING MANAGEMENT SYSTEM

- My Home
- Individual Training Plans
- Training**
- My Reviews
- My Tasks and Gap Analysis
- Communities
- My Profile
- Reports

- Enrollments**
- Training Catalog
- All Training Activity
- Training Requests
- Approvals Inbox

My Enrollments

- Cataloged Learning**
- External Learning

Sort Group courses by course/phase/certifications and curricula

Title

ACCP - IS8718 - TRAINING/TRAINING MANAGEMENT PART I (00010276) [more actions](#)
Duration: 05:00 hours
Status: Confirmed (Registration Date: 04/25/2011)

Structured Self-Development - Level 1 (1-250-C49-1 (DL)_) [Begin Registration](#) [more actions](#)
Assigned By: GFEBs Invoice Processor (Assigned On: 10/11/2011)

STRUCTURED SELF-DEVELOPMENT - LEVEL 1 (1-250-C49-1 (DL)_) [View Details](#) [more actions](#)

Phase 1-25% Completed
Selected Path: [Phase 1](#)
Assigned By: Michael Mckenna (Assigned On: 06/08/2012)

Click on the plus sign

Enrollments Screens


Information in the Grey Bar tells you how many learning items have been completed

The screenshot shows a course enrollment interface. At the top, there is a grey bar with a minus icon, the course title 'STRUCTURED SELF-DEVELOPMENT - LEVEL 1 (1-250-C49-1 (DL))', a 'View Details' button, and a 'more actions' link. Below the title is a progress indicator showing 'Phase 1-25% Completed' with a green bar. Underneath, it says 'Selected Path: Phase 1' and 'Assigned by: Michael Mckenna (Assigned On: 06/08/2012)'. At the bottom of the grey bar, there is a plus icon and the text 'Required: Modules - Level 1 (Progress: 8 of 8 learning items required. 2 of 8 completed)'. A callout box points to the 'more actions' link with the text 'Click here to see a list of all or remaining modules'.

Although there is a launch button at the module level, this button only takes you to the introduction regardless of your progress within the module


The screenshot shows a module enrollment interface. At the top, there is a grey bar with a minus icon, the module title 'Structured Self-Development - Level 1 (SSDI)_Module 02 (00019463)', a 'Launch' button, and a 'more actions' link. Below the title, it says 'Duration: 00:00 hours', 'Status: (2)', and 'Course: T - LEVEL 1 (1-250-C49-1 (DL))'. At the bottom of the grey bar, there is a plus icon and the text 'Required: Modules - Level 1 (Progress: 8 of 8 learning items required. 2 of 8 completed)'. A callout box points to the 'more actions' link with the text 'Click here to see the list of lessons'.

List of lessons

  [Structured Self-Development - Level 1 \(SSDI\)_Module 02 \(00019463\)](#) [Launch](#)

Duration: 00:00 hours
Status: Confirmed (Registration Date: 06/08/2012)
Course Iteration Name: STRUCTURED SELF-DEVELOPMENT - LEVEL 1 (1-250-C49-1 (DL)_01/01/2012_crsc1000000000018069

Content: SSDI Mod2 Module 2 Introduction Status: Not Evaluated (Unlimited attempts)	Launch
Content: SSDI Mod2 CCTS Status: Not Evaluated (Unlimited attempts)	Launch
Content: SSDI Mod2 Counterinsurgency Principles Status: Not Evaluated (Unlimited attempts)	Launch
Content: SSDI Mod2 Cultural Effects Status: Not Evaluated (Unlimited attempts)	Launch
Content: SSDI Mod2 How War and Multiple Deployments Impact Subordinates Status: Not Evaluated (Unlimited attempts)	Launch

[Next](#) 

Click to launch lesson

Some lessons may be visible on the next page

Launch Option Window

U.S. ARMY THE ARMY LEARNING M

My Home Individual Training Pl

Enrollments Pr

Training Catalog

All Training Activities

My

My

My

Co

On

Training requests

Approvals Inbox

Lea

Mo

SS

Introduction

Print | Export | Modify Table

Status	Completed On	Actions				
	06/11/2012	Launch				
		more actions				
SSDI Mod1 Army Writing Style	Content Module	Required	Attempts Allowed: Unlimited	Successful	06/11/2012	Launch
						more actions
SSDI Mod1 Combat Operations Reports	Content Module	Required	Attempts Allowed: Unlimited	Successful	06/11/2012	Launch
						more actions
SSDI Mod1 Composite Risk Management	Content Module	Required	Attempts Allowed: Unlimited	Successful	06/11/2012	Launch
						more actions
SSDI Mod1 Detainee	Content Module	Required	Attempts Allowed: Unlimited	Successful	06/12/2012	Launch

Click here to launch player

How would you like to complete this content?

[Launch it online now](#)

Content Player window

The "Player" windows open automatically

Do not close this window

DO NOT CLOSE
THE COURSE

When you

Module 2 Introduction
Course Introduction

U.S. ARMY

U.S. ARMY

Menu Communicate Options Help Exit Click NEXT to continue.

1 of 6

Next page arrow

Learning Assignments

Module	Assignment Type	Requirements	Completion Status	Completion Date
SSDI Mod2 Module 2 Introduction	Content Module	Required	Attempts Allowed: Unlimited	Not Evaluated

[more actions](#)

SSD Completion of Lesson Last page (Exit button)

ALMS

https://www.lms.army.mil/ - Module 2 Introduction UNCLASSIFIED - Windows Internet Explorer

Table of Contents

- Module 2 Introduction
- Module 2 Introduction

Module 2 Introduction
Congratulations

Level 1, Mod 2

CONGRATULATIONS! You have completed the Introduction portion of the Structured Self-Development Level 1 Mod 2. Please proceed to the remaining lessons for this module.

U.S. ARMY

Click the EXIT button to close out this lesson.

Menu Communicate Options Help Exit **Click EXIT to return to the LMS.**

When the lesson is completed, you may choose to go to the left, or exit.

Export Modify

Completed On	Actions
SSDI Mod2 Module 2 Introduction	Content Module Required Attempts Allowed: Unlimited Not Evaluated
SSDI Mod2 COTE	Content Module Required Attempts Allowed: Unlimited Not Evaluated

Click the "Exit" Button to close

ALMS Enrollments in Progress / SSD Module Completed Successful

Structured Sel

Delivery Type

To access and launch the next Lesson, click "Go to Enrollments".

More Actions

- [Go to Enrollments](#)
- [Add to Plan](#)
- [Request Offering](#)
- [View Confirmation](#)
- [Drop](#)

Main | Learning Assignments | Associated Learning

Completion Status: Not Evaluated

Score: 0


Learning Assignments [Print](#) | [Export](#) | [Modify Table](#)

Module	Assignment Type	Requirement	Details	Completion Status	Completed On	Actions
SSDI Mod2 Module 2 Introduction	Content Module	Required	Attempts Allowed: Unlimited	Successful	08/02/2012	more actions
SSDI Mod2 CCTS	Content Module	Required	Attempts Allowed: Unlimited	Not Evaluated		



ALMS My Enrollments / Launch SSD 1 Module

ALMS

Phase 1-0% Completed
Selected Path: [Phase 1](#)
Assigned By: GFEBS Invoice Processor (Assigned On: 10/11/2011)


 **STRUCTURED SELF-DEVELOPMENT - LEVEL 1 (1-250-C49-1 (DL)_)** [View Details](#) [more actions](#)

Phase 1-25% Completed
Selected Path: [Phase 1](#)
Assigned By: Michael Mckenna (Assigned On: 06/08/2012)

  **Structured Self-Development - Level 1 (SSDI)_Module 02 (00019463)** [Launch](#) [more actions](#)

Duration: 00:00 hours
Status: **Confirmed** (Registration Date: 06/08/2012)
Course Iteration Name: STRUCTURED SELF-DEVELOPMENT - LEVEL 1 (1-250-C49-1 (DL)_
_01/01/2012_crsci000000000018069

Content: SSDI Mod2 Module 2 Introduction Status: Successful (Unlimited attempts)	Launch
Content: SSDI Mod2 CCTS Status: Not Evaluated (Unlimited attempts)	Launch
Content: SSDI Mod2 Counterinsurgency Principles Status: Not Evaluated (Unlimited attempts)	Launch
Content: SSDI Mod2 Cultural Effects Status: Not Evaluated (Unlimited attempts)	Launch
Content: SSDI Mod2 How War and Multiple Deployments Impact Subordinates Status: Not Evaluated (Unlimited attempts)	Launch
Content: SSDI Mod2 Leadership Status: Not Evaluated (Unlimited attempts)	Launch

[Next](#) 

Launch the next Lesson

SSD Check on Learning

Fill in the Block
Answers must be
spelled correctly

when the lesson is complete
you may choose from a menu item
to the left, or exit.

Learning assignments

Module	Assignment Type	Requirement	Details	Completion Status	Complete
SSDI 01 Mod1 Module 1 Introduction	Content Module	Required	Attempts Allowed: Unlimited	Successful	06/20/20
SSDI 02 Mod1 Army Writing Style	Content Module	Required	Attempts Allowed: Unlimited	Not Evaluated	
SSDI 03 Mod1 Combat Operations Reports	Content Module	Required	Attempts Allowed: Unlimited	Not Evaluated	
SSDI 04 Mod1 Composite Risk Management	Content Module	Required	Attempts Allowed: Unlimited	Not Evaluated	
SSDI 05 Mod1 Detainee Operations	Content Module	Required	Attempts Allowed: Unlimited	Not Evaluated	
SSDI 06 Mod1 Fratricide	Content Module	Required	Attempts Allowed: Unlimited	Not Evaluated	
SSDI 07 Mod1 History of the NCO	Content Module	Required	Attempts Allowed: Unlimited	Not Evaluated	

https://www.lms.army.mil/ - Army Writing Style UNCLASSIFIED - Windows Internet Explorer

Army Writing Style
Check on Learning

Level 1, Mod 1

Directions: Read the following statement and fill in the text box with the correct response. Press the 'Enter' key on your keyboard to submit your answer.

Statement: Department of the Army writing will be clear, _____, and effective.










Menu Communicate Options Help Exit Follow onscreen instructions. 10 of 29

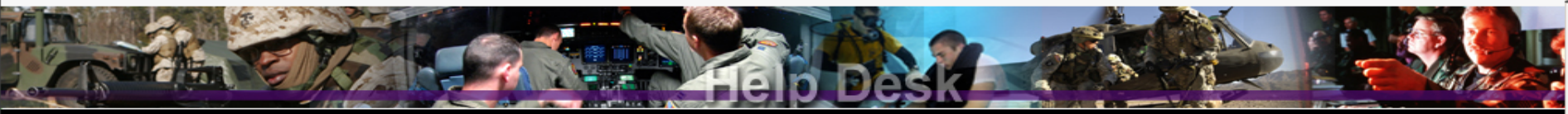


Welcome Bobby Kirts

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If you are having a problem, submit a Help Desk Ticket. Click on the "Help Center" link.

 Catalog Search Search for Training here	 Current Enrollments Training I am currently enrolled in	 Completed Training Records Training I have completed
 ACCP Search Search for ACCP Training here	 Assigned Tasks Tasks I am responsible for	 Collective Army Training (CAT)
 Browser Setting Check Browser Setting requirements	 Course Map Training requirements, Course progress and Certification status	 Links Help Center ALMS Tutorial Blackboard ATRRS



Help using this Site

Attention: The Army's New "Supervisor Development Course", required for all supervisors of Army Civilians, is now available through the ALMS. If you would like more information on this course, please visit the [Army Management Staff College](#) website. If you are ready to take the course, please visit the [ALMS](#) website. For more information on the SDC category under the course, please visit the [ALMS](#) website.

Click on Ask a Question/Submit a Comment

The status indicator below the question title indicates the status of the question.

Online, Offline, Intermittent

ALMS: Online Enterprise Blackboard: Offline My Home: Online My Home: Online

Announcements

Good Morning, Welcome!

*******ALMS NOTICE*******

‡ ALMS telephones are experiencing heavier than normal traffic which is causing problems, at times, reaching the ALMS Help Desk. ALMS apologizes for the inconvenience and are aware of the problem. They are working quickly to fix the problem. Please keep trying.

The ALMS Help Desk can also be reached at 877-251-0730

FAQs | **Ask a Question/Submit a Comment** | **My Stuff** | **Logout** | **Help**

Logged in as: Bobby Kirts

Search by Category **Search by Keyword**

Search By

1827 FAQs Available Page: of 153

	Summary
1	Firefox retrieves "Invalid Password" message
2	AKO Status Change
3	Blank Emails From ACCP System
4	ACCP On-line Course
5	Course Completion Certificate
6	Information Assurance (IA) Training
7	Certificate of Completion
8	88M BNCOC Phase IV
9	50 Caliber Gauge Safety
10	Internal Server Error
11	Unable to access "New User" information on ALMS
12	Can I log-in to JKO using my CAC?

[Click here for contact numbers and hours of operation.](#)
[Click here](#) to see the current Fort Eustis time.